

JOAN SEABROOK

With great sadness, we inform you, that **Joan Seabrook**, a tireless advocate for suicide prevention, and past Board Member OASP, died on Wednesday, August 10, 2011 at the L.H.S.C. Victoria Campus in London, Ontario. She was surrounded by her family and passed quietly, in her sleep, with dignity and grace. Joan was the honoured guest at her own ceremony, which she herself conceived, arranged and attended. Many thanks to Dan and Mary Lou Smoke for sharing their native spirituality. The entire family was deeply touched.

Joan spent most of her career as an educator with the Thames Valley District School Board where she served as a principal in a number of schools. She took a special interest in mentoring other women teachers. Joan supported and volunteered her time to many charitable organizations. She was particularly committed to the cause of suicide prevention and, for over 20 years, served with organizations dedicated to this cause at the local, provincial and national level; The London Middlesex Suicide Prevention Council, The Ontario Association for Suicide Prevention, The Canadian Association for Suicide Prevention among them. She was an outstanding person and an inspiration to all who knew her. She will be missed, but remembered for the joy and warmth she brought to every occasion.